



"People have two hands;
one hand is for helping themselves in times of need,
and the other is to help others."

Mandela Day 2026: Honouring Our Elders

In celebration of Mandela Day 2026, an ASSAf team has been established to explore ways in which we can give back to our communities. This year, we have chosen to focus on the **Nutrition and Health for the Elderly**, aligning with ASSAf's commitment to promoting dignity, wellness, and science awareness among vulnerable groups.

Wisane Old Age Home and Hospice in **Stinkwater, Hammanskraal**. is currently home to **38 elderly residents** -14 men and 24 women - many of whom are in fragile health or wheelchair-bound.

Wisane was built through the selfless efforts of the management team's mother, who used her pension to create a safe haven for the elderly. Today, her two daughters continue her legacy with dedication and compassion.

The facility is in **urgent need of support**.

**We are appealing to staff, friends, families,
and corporate sponsors to assist in any way possible**

Identified needs include:

- **Cleaning materials** – essential supplies to maintain hygiene
- **Food parcels** – both perishable and non-perishable items
- **General donations** – including clothing, bedding, kitchenware, and household items
- **Gardening supplies** – to support the residents' interest in maintaining their garden

Any contribution, no matter how small,
will go a long way in improving the lives of the residents.
Any financial contribution will go towards these needs.

If you would like to contribute, please contact the ASSAf Team members below

Susan Veldsman | Magick M. Maphanga

Thank you in advance for your compassion and generosity.